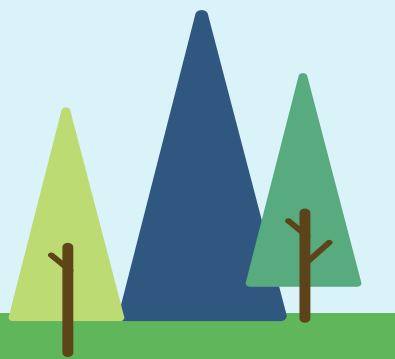
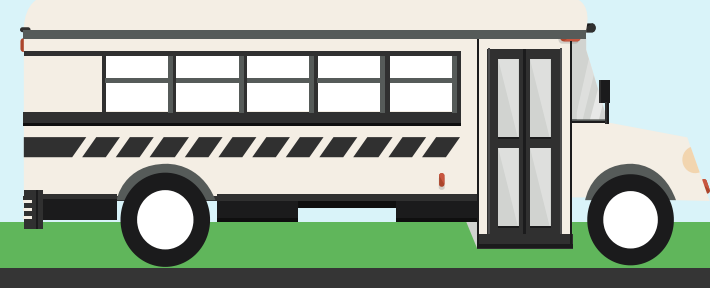
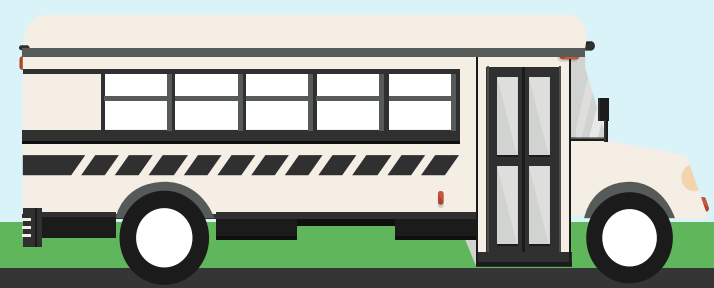
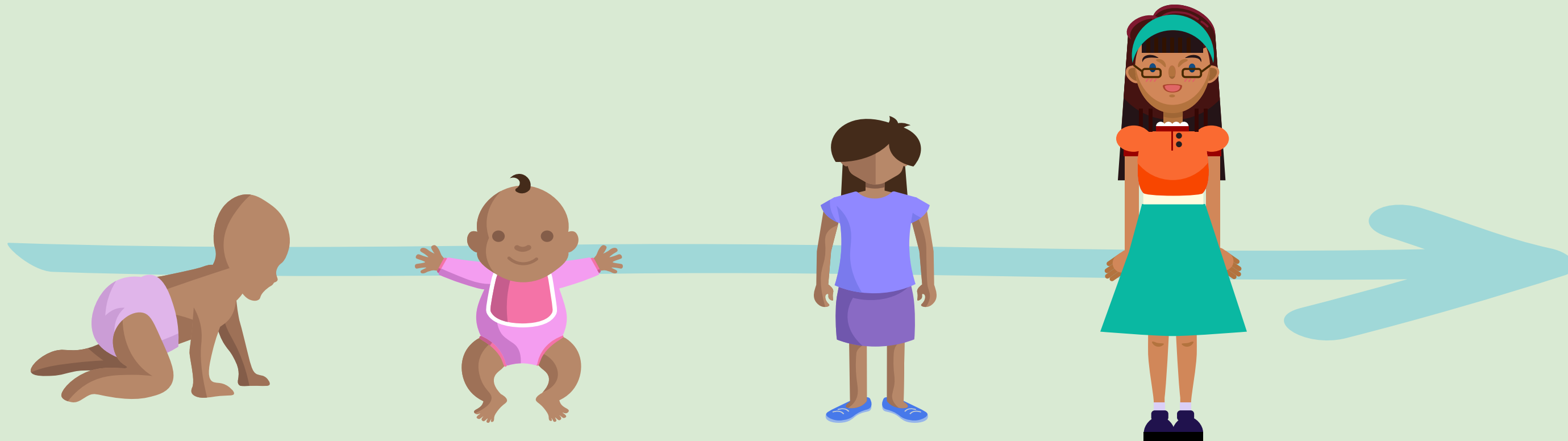


Pre-K School Meal Changes



Why were changes made?



Taste preferences form starting at a very early age. Meals served to preschoolers are a critical part of establishing healthy eating habits that will last a lifetime.

Where did these changes come from?



The U.S Department of Agriculture (USDA) published new rules for meal requirements specifically for preschoolers.

What changes will you see?



Milk Options

Only unflavored low-fat and non-fat milk will be offered.



Menus

One entree, one fruit, and one vegetable will be served daily.



Tray Options

Students must be served all menu items.



Water

Water must be available to all students during meal times.

Special Dietary Needs

Students that have a special dietary need following School Nutrition Policy will be accommodated on a case-by-case basis.

Co-Mingling Occurs When...

- Preschool students and students from older grade groups are served meals in the same place at the same time
- It's hard to tell the preschool students from older students
- It would be operationally difficult to serve different foods or different amounts of foods during the combined meal service

When the above conditions are met, schools may offer the regular school menu.

Co-mingling is currently seen during breakfast at Mary Calcott Elementary and Lindenwood Elementary.

How School Nutrition identifies Pre-K classes:

- Breakfast in their Classroom
- When teachers escort their class through serving lines at breakfast and lunch

